

Trail Etiquette

Things to consider

Bicycles are the fastest moving traffic on the trail and many cyclists may be going faster than you. Therefore you must always be aware of other traffic **both** ahead and behind you

If you hit someone with your bicycle they will get hurt and probably you as well.

Small children and dogs are extremely unpredictable

Many dogs are on very long leashes and are poorly controlled by their owners

While listening to music while riding can be enjoyable, it can prevent you from hearing warnings by others, cars, etc. Always keep the volume low enough that you are still aware of your surroundings

Rules of Behavior

1. Always wear a helmet that is properly secured on your head
2. Be predictable and ride in a straight line
3. Always stay on the right-hand side of the trail unless you are passing
4. Always announce yourself before passing by calling out "On your left" early enough for the other person to react
5. Always slow down for small children and dogs.
6. When passing, always look ahead for oncoming traffic **and** behind in case someone about to pass you
7. When you hear some call from behind that they are passing, or you know someone is about to, move as far to the right of the trail as possible single up
8. Never ride more than 2 abreast
9. No personal audio devices when riding with a group
10. Always stop at stop signs and traffic signals and look and listen for oncoming traffic. This applies even if you have the light
11. If you need to stop, other than at a stop light, get off the trail onto the grass

Not everybody understands Trail Etiquette – Be Prepared