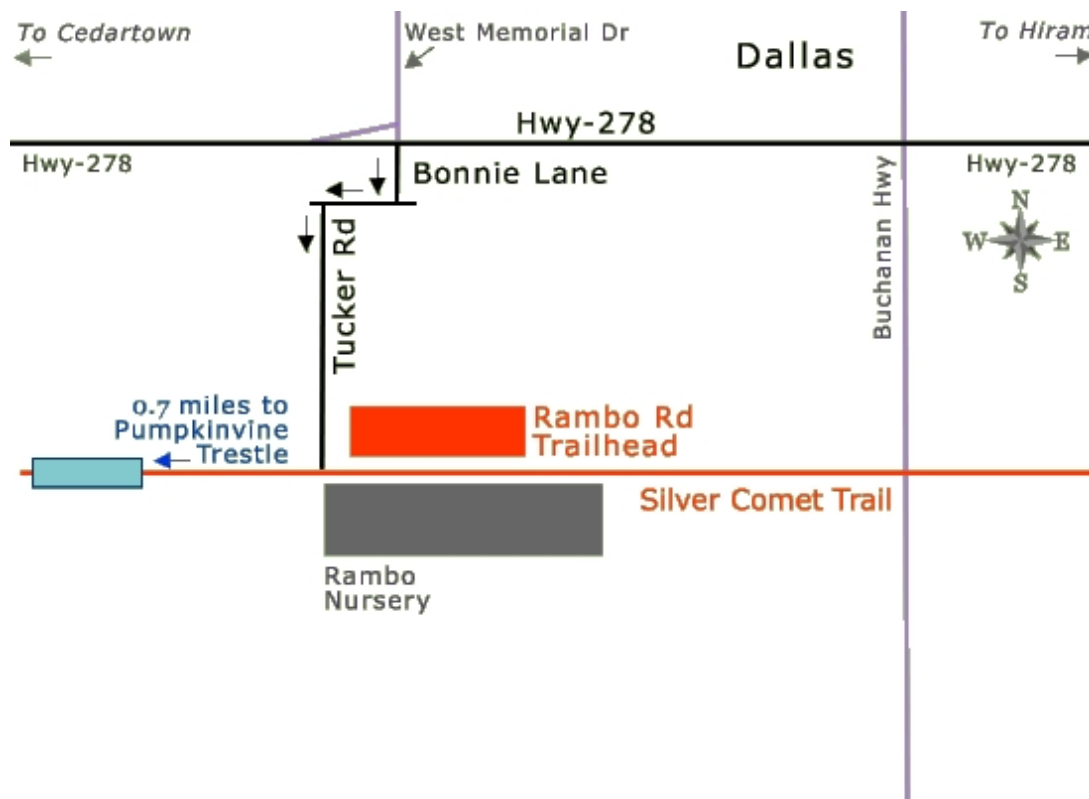


Cycling Merit Badge Ride #7

November 23, 2008

Be ready to ride at the Rambo Trailhead 1:00 PM. If you need your bike inspected or minor adjustments made, I will be there at 12:45 PM. We will leave on the ride promptly at 1:00 PM. Remember, "early is on time, on time is late".

We will return to the Rambo Trail Head no later than 4:00 PM. Please note this is a schedule change based on how well we rode two Sundays ago.



We will gather near the bench and rock.

All bicycles must meet BSA Safety standards.

Helmets are required.

Water is required. No opportunity to refill water bottles on this ride.

Close toe shoes are required

A tube that fits your tires is required.

You parents or a pre-arranged alternate must pick you up promptly.